

II. Attunements to other energy systems

The following attunements are to be taken in the order they are presented in this book. Each attunement builds on the previous one. Start with Usui Reiki and then move into other advanced modalities. Enjoy!

Usui Reiki Level One Attunement

Get comfortable in a place where you will not be distracted, then

Say, "I am now ready to receive Usui Reiki Level One attunement prepared for me by Chris Comish."

Remember to drink water and rest following the attunement

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Usui Reiki Level Two Attunement

Get comfortable in a place where you will not be distracted, then

Say, "I am now ready to receive Usui Reiki Level Two attunement prepared for me by Chris Comish."

Remember to drink water and rest following the attunement

Usui Reiki Master Level Attunement

Get comfortable in a place where you will not be distracted, then

Say, "I am now ready to receive Usui Reiki Master Level attunement prepared for me by Chris Comish."

Remember to drink water and rest following the attunement

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New Usui Reiki Level One Attunement

Get comfortable in a place where you will not be distracted, then

Say, "I am now ready to receive the New Usui Reiki Level One attunement prepared for me by Chris Comish."

Remember to drink water and rest following the attunement

New Usui Reiki Level Two Attunement

Get comfortable in a place where you will not be distracted, then

Say, "I am now ready to receive the New Usui Reiki Level Two attunement prepared for me by Chris Comish."

Remember to drink water and rest following the attunement

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New Usui Reiki Master Level Attunement

Get comfortable in a place where you will not be distracted, then

Say, "I am now ready to receive the New Usui Reiki Master Level attunement prepared for me by Chris Comish."

Remember to drink water and rest following the attunement

Full Spectrum Healing Attunement

Get comfortable in a place where you will not be distracted, then

Say, "I am now ready to receive the Full Spectrum Healing attunement prepared for me by Chris Comish."

Remember to drink water and rest following the attunement

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Lavender Flame Reiki Attunement

Get comfortable in a place where you will not be distracted, then

Say, "I ask to receive the Lavender Flame Reiki attunement prepared for me by Chris Comish."

Remember to drink water and rest following the attunement

Silver Violet Flame Reiki Attunement

Get comfortable in a place where you will not be distracted, then

Say, "I ask to receive the Silver Violet Flame Reiki attunement prepared for me by Chris Comish."

Remember to drink water and rest following the attunement

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Karuna Ki Reiki Master Level Attunement

This attunement is delivered using the Complete Karuna Ki Singular Attunement.

Get comfortable in a place where you will not be distracted, then

Say, "I am now ready to receive the Karuna Ki Reiki attunement prepared for me by Chris Comish."

Alternatively, you may say- "Higher Self please attune me to Karuna Ki Reiki."

Remember to drink water and rest following the attunement

Kundalini Reiki Level One Attunement

Get comfortable in a place where you will not be distracted, then

Say, "I am now ready to receive the Kundalini Reiki Level One attunement prepared for me by Chris Comish."

Remember to drink water and rest following the attunement

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Kundalini Reiki Level Two Attunement

Get comfortable in a place where you will not be distracted, then

Say, "I am now ready to receive the Kundalini Reiki Level Two attunement prepared for me by Chris Comish."

Remember to drink water and rest following the attunement

Kundalini Reiki Level Three Attunement

Get comfortable in a place where you will not be distracted, then

Say, "I am now ready to receive the Kundalini Reiki Level Three attunement prepared for me by Chris Comish."

Remember to drink water and rest following the attunement

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Imara Reiki Master Level Attunement

Get comfortable in a place where you will not be distracted, then

Say, "I am now ready to receive Imara Reiki Master Level attunement prepared for me by Chris Comish."

Remember to drink water and rest following the attunement

Green Tara Seichim Reiki Attunement

Get comfortable in a place where you will not be distracted, then

Say, "I ask to receive the Green Tara Seichim Reiki attunement prepared for me by Chris Comish."

Remember to drink water and rest following the attunement

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Golden Ray Empowerment

Get comfortable in a place where you will not be distracted, then

Say, "I am now ready to receive the Golden Ray Empowerment prepared for me by Chris Comish."

Remember to drink water and rest following the empowerment

Gold Reiki Level One Attunement

Get comfortable in a place where you will not be distracted, then

Say, "I am now ready to receive the Gold Reiki Level One attunement prepared for me by Chris Comish."

Remember to drink water and rest following the attunement

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Gold Reiki Level Two Attunement

Get comfortable in a place where you will not be distracted, then

Say, "I am now ready to receive the Gold Reiki Level Two attunement prepared for me by Chris Comish."

Remember to drink water and rest following the attunement

Gold Reiki Level Three Attunement

Get comfortable in a place where you will not be distracted, then

Say, "I am now ready to receive the Gold Reiki Level Three attunement prepared for me by Chris Comish."

Remember to drink water and rest following the attunement

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Shamballa Multi-Dimensional Healing Level One Attunement

Get in a relaxed place where you will not be distracted and say the following words:

I am now ready to receive the Shamballa Multi-Dimensional Healing Level One attunement prepared for me by Chris Comish.

Shamballa Multi-Dimensional Healing Level Two Attunement

Get in a relaxed place where you will not be distracted and say the following words:

I am now ready to receive the Shamballa Multi-Dimensional Healing Level Two attunement prepared for me by Chris Comish.

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Shamballa Multi-Dimensional Healing Level Three Attunement

Get in a relaxed place where you will not be distracted and say the following words:

I am now ready to receive the Shamballa Multi-Dimensional Healing Level Three attunement prepared for me by Chris Comish.

Shamballa Multi-Dimensional Healing Level Four Attunement

Get in a relaxed place where you will not be distracted and say the following words:

I am now ready to receive the Shamballa Multi-Dimensional Healing Level Four attunement prepared for me by Chris Comish.